

5.1.2 Capability enhancement and development schemes employed by the Institution for students:

1. Soft skill development
2. Language and communication skill development
3. Yoga and wellness
4. Analytical skill development
5. Human value development
6. Personality and professional development
7. Employability skill development

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CERTIFICATE OF THE HEAD OF INSTITUTION

DR. NARAYANAN P.V, BSC, MBBS, MD, DHA
PRINCIPAL

TO WHOMSOEVER IT MAY CONCERN

This is to certify that, our Institution has the Capability enhancement and development schemes employed by the Institution for students, such as:

- 1. Soft skill development**
- 2. Language and communication skill development**
- 3. Yoga and wellness**
- 4. Analytical skill development**
- 5. Human value development**
- 6. Personality and professional development**
- 7. Employability skill development**



PRINCIPAL

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DETAILED REPORT OF THE CAPACITY ENHANCEMENT PROGRAMS AND OTHER SKILL DEVELOPMENT SCHEMES



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SOFT SKILL DEVELOPMENT

No.MMCH&RC/CIR/11/2022/010

Date:10.11.2022

CIRCULAR

The Malabar Medical College Hospital and Research Centre will be organizing a soft skill development session on **"How to Make a Good PowerPoint Presentation"** at Sapphire Hall, fifth floor, Academic block on 16.11.2022 from 1.30 PM to 2.30 PM by Dr. Anu, Assistant Professor, Department of Pharmacology. All First year MBBS Students are requested to attend the session without fail.



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To

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All the staff Members
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POST EVENT REPORT

Report on soft skill development session on **How to Make a Good PowerPoint Presentation**

Date: 16/11/2022

Time: 1.30 PM to 2.30 PM

Topic: How to Make a Good PowerPoint Presentation

Target group / audience: first year MBBS students

Number of participants: 200

Minutes of the program:

As a part of soft skill development programmes, a session on How to Make a Good PowerPoint Presentation was conducted by MEU.

The session was conducted by Dr Anu, Assistant Professor, Dept. of Pharmacology. The workshop focused on equipping students with essential skills in creating effective PowerPoint presentations. Dr. Anu outlined the key principles of slide design, emphasizing clarity, simplicity, and visual appeal. Practical tips on content structuring, use of multimedia, and effective delivery were shared, ensuring students understood the importance of visual aids in medical education.

Attendees actively participated in interactive sessions, engaging in hands-on practice to create and refine their own slides. Feedback was positive, highlighting increased confidence and competence among participants in using PowerPoint as a tool for effective communication in medical contexts. Our Principal Dr Narayanan PV handed over a memento, as a token of love to Dr Anu.

LIST OF PARTICIPANTS

Program: **Soft skill Development session**

Date: 16/11/2022

Venue: Sapphire hall, fifth floor, academic block

Target Group: First year MBBS students

SL NO	NAME OF PARTICIPANT
1	ABHIJITH M B
2	ADHARSH S
3	ADHILA BASHEER
4	ADHIL ASHARAF
5	AFEefa M M
6	AGNIHOTRI P S
7	AISHA ANJALI A



8	AISHA BASNA
9	AKASH M
10	AKASH SURAJ
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79	DIYA M K
80	DIYA PARTHA
81	DOREENA SEBASTIAN
82	EASWAR KRISHNAN M M
83	EDRIC THOMAS GIVIN
84	ERIC PETER EDWARDS
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114	KEERTHANA S
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116	KESHAV ANAND
117	KRISHNA SETHURAM
118	K R MALAVIKA
119	MADHAV M NAIR
120	MALAVIKA P
121	MALAVIKA SHAJI
122	MAMITHA NAIR
123	MANJIMA M NAIR
124	M BRINDHA
125	MEENAKSHI PRADEEP
126	MIRFA P
127	MITHRA NANDA S
128	MITHUNRAJ P K
129	MOHAMMED SANJID
130	MUHAMMED SHAMIL P P
131	NANDAKISHORE M K
132	NANDANA K
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183	SREELAKSHMI SURESH
184	SREELAKSHMI V V
185	SRUTHI K V
186	S SURYANARAYANAN KARTHA
187	SUMAIYA H



188	SURYANARAYAN. A.R
189	SURYATHEJ C SUBHASH
190	USWA S J
191	VAISHNAVI B
192	VARADHA S
193	VARENYA U P
194	VARSHA VINOD
195	VIDHYA SARNGAN
196	VIPUL G KUMAR
197	VISHNUPRIYA T P
198	VISMAY VINOD
199	VISWAMITHR P
200	YAGYANSHU



No. MMCH&RC/CIR/11/2022/017

Date: 17.11.2022

CIRCULAR

The Malabar Medical College Hospital and Research Centre will be organizing a soft skill development workshop titled "**Accessing Online Resources**" in Sapphire Hall, fifth floor, Academic Block, on 24/11/2022 from 1.30PM – 2.30 PM by Mrs. Anusha, the Librarian. All First year MBBS Students are requested to attend the session without fail.



PRINCIPAL

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To

All the HODs and Faculty Members
All the staff Members
All the students

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POST EVENT REPORT

Report on soft skill development Workshop on "Accessing Online Resources"

Date: 24/11/2022

Time: 1.30 PM to 2.30 PM

Topic: Accessing Online Resources

Target group / audience: first year MBBS students

Number of participants: 200

Minutes of the program:

As a part of soft skill development programmes, a Workshop on "Accessing Online Resources" was conducted by Malabar Medical College Hospital and Research Centre.

The session was conducted by Mrs. Anusha, Librarian. The workshop aimed to familiarize students with various online resources essential for their academic and research activities. Mrs. Anusha started by introducing the students to the library's digital database, explaining how to navigate through different academic journals, e-books, and research papers. She highlighted the importance of credible sources and demonstrated techniques to effectively search for and utilize scholarly articles.

Interactive segments allowed students to practice accessing these resources using their own devices. Mrs. Anusha provided personalized assistance, addressing individual queries and ensuring that all participants could proficiently utilize the tools discussed. The workshop successfully empowered the first-year MBBS students with the knowledge and skills needed to efficiently access and utilize online academic resources.

Our Administrative Officer Mr Sandeepal handed over a memento, as a token of our love to Mrs Anusha.

LIST OF PARTICIPANTS

Program: Soft skill Development session

Date: 24/11/2022

Venue: Sapphire hall, fifth floor, academic block

Target Group: First year MBBS students

SL NO	NAME OF PARTICIPANT
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LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT

No.MMCH&RC/CIR/11/2022/019

Date:19.11.2022

CIRCULAR

The Malabar Medical College Hospital and Research Centre will be organizing a language and communication skill workshop " **Ability to Communicate and Learn in English**" on 24-11-2022 at Sapphire Hall, fifth floor, Academic Block, from 2.30PM – 3.30 PM by Dr Paul, Associate Professor, Department of Pharmacology. All first year MBBS Students are requested to attend the session without fail.



PRINCIPAL

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To

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All the staff Members
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- Deputy Medical Superintendent
- Chief Administrative Officer
- Administrative Officer
- Class coordinators



POST EVENT REPORT

Report on language and communication skill development Workshop - "**Ability to communicate and learn in English**"

Date: 24/11/2022

Time: 2.30 PM to 3.30 PM

Topic: Ability to communicate and learn in English

Target group / audience: first year MBBS students

Number of participants: 200

Minutes of the program:

As a part of language and communication skill development programmes, a Workshop on "**Ability to communicate and learn in English**" was conducted by Malabar Medical College Hospital and Research Centre.

The session was conducted by Dr. Paul, Associate Professor, Department of Pharmacology. The workshop aimed to enhance the students' language and communication skills, which are essential for their academic and professional success in the medical field.

Dr. Paul began the workshop by emphasizing the significance of English proficiency within the medical profession. He elaborated on the critical role that effective communication in English plays in comprehending medical literature, engaging with patients, and collaborating with fellow professionals. Dr. Paul proceeded to share several methods to improve learning in English, such as active reading, effective note-taking, and the utilization of multimedia resources. He urged students to practice speaking English with their peers, engage in English-speaking forums, and undertake extensive reading.

Many students expressed that the workshop was highly informative and provided them with actionable strategies to improve their English skills. The interactive nature of the session was particularly appreciated. Our Administrative Officer Mr Sandeplal handed over a memento, as a token of appreciation to Dr Paul.

LIST OF PARTICIPANTS

Program: Language and communication skill development session

Date: 24/11/2022



Venue: Sapphire hall, fifth floor, academic block

Target Group: First year MBBS students

SL NO	NAME OF PARTICIPANT
1	ABHIJITH M B
2	ADHARSH S
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86	FIDHA HASAN C
87	GAYATHRY ANOOP



88	GAYATHRY VINOD
89	GOPIKA UNNI
90	HANI SINAN T
91	HARISANKAR S VARIER
92	HIDAYA K K
93	HISHAM ABDU RAHIMAN
94	HUDA FATHIMA S
95	INDRIMA JITHENDRAN K
96	JAHNAVI A S
97	JAYALAKSHMI PRASAD
98	JAYALEKSHMI J
99	JAYA SANKARAN J
100	JIBIN K BINU
101	JINSHA HARIPRIYA C
102	JISHA BIJU
103	JYOLSNA S MANJARY
104	KALYANI S
105	KARTHIKA DIVAKARAN
106	KARTHIKA MADHAVAN
107	KAVYA UNNI
108	KEERTHANA S
109	KESAVAN G H
110	KESHAV ANAND
111	KRISHNA SETHURAM
112	K R MALAVIKA
113	MADHAV M NAIR
114	MALAVIKA P
115	MALAVIKA SHAJI
116	MAMITHA NAIR
117	MANJIMA M NAIR
118	M BRINDHA
119	MEENAKSHI PRADEEP
120	MIRFA P
121	MITHRA NANDA S
122	MITHUNRAJ P K
123	MOHAMMED SANJID
124	MUHAMMED SHAMIL P P
125	NANDAKISHORE M K
126	NANDANA K
127	NANDANA P
128	NANDANA R
129	NANDANA SAJEEV
130	NANDANA SANDESH
131	NANDHANA K
132	NAREIN PARAMESWARAN
133	NASHWA KIZHAKKE KAMMADATHIL



134	NAVANEETH H
135	NAVANEETH R
136	NEHA AJITH
137	NEHA BACKER
138	NEHA RAJESH
139	NIRANJANA N S
140	NISHAN LATHEEF
141	NITHYA A S
142	NITHYA GOPIDAS
143	PARVATHI S PRASAD
144	PARVATHY K
145	POOJA CHAUDHARY
146	POOJA PRAKASH K P
147	POOJA SATHYENDRAN
148	PRIYA WARDHAN
149	RADHIKA SANKAR
156	RAHAN RAJ R
157	RAISHA JAWHAR
158	RAJ CHOUDHARY
159	RAJESH KUMAR
160	RAMANATH AJAY
162	RITESH YADAV
163	RITISHA RAJEEV
164	RIZA MEHAR
166	SAKSHEE
167	SALIHA AFRA O
168	SAMEEH MOHAMMED PANOOLAN
169	SANDRA PRATHAP
170	SANDRA SUNIL T
171	SANJAY M SUNDAR
172	SARIKA R
173	SARISHNA B S
174	SHAHANA V T
175	SHAHLA P V
176	SHAMNA SHAFI O P
177	SHREYA P
178	SIDDHARTH SAHAS
179	SIJILA K
180	SINAN D M
181	SMRITHI LEKSHMI M
182	SNIGDHA K
183	SREELAKSHMI SURESH
184	SREELAKSHMI V V
185	SRUTHI K V
186	S SURYANARAYANAN KARTHA
187	SUMAIYA H



189	SURYATHEJ C SUBHASH
190	USWA S J
191	VAISHNAVI B
192	VARADHA S
193	VARENYA U P
194	VARSHA VINOD
195	VIDHYA SARNGAN
196	VIPUL G KUMAR
197	VISHNUPRIYA T P
198	VISMAY VINOD
200	YAGYANSHU



No.MMCH&RC/CIR/08/2022/019

Date:19.08.2022

CIRCULAR

The Malabar Medical College Hospital and Research Centre will be organizing a language and communication skill workshop " **Ability to Communicate**" on 22-08-2022 at Sapphire Hall, fifth floor, Academic Block, from 2.30PM – 3.30 PM by Mr. Benny, HR Head, MMCH&RC. All second year MBBS Students are requested to attend the session without fail.



PRINCIPAL

Dr. NARAYANAN P.V
BSc, M.B.S, MD, DHA
Principal
Malabar Medical College Hospital &
Research Centre, Ulliyeri, Kozhikode

To

All the HODs and Faculty Members
All the staff Members
All the students

Copy to:

- The Chairman
- The Secretary
- The Medical Superintendent
- Vice Principal
- Principal



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- Deputy Medical Superintendent
- Chief Administrative Officer
- Administrative Officer
- Class coordinators



POST EVENT REPORT

Report on language and communication skill development Workshop - " **Ability to communicate** "

Date: 22-08-2022

Time: 2.30 PM to 3.30 PM

Topic: **ABILITY TO COMMUNICATE**

Target group / audience: second year MBBS students

Number of participants: 150

Minutes of the program:

As a part of language and communication skill development programmes, a Workshop on "Ability to communicate " was conducted by Malabar Medical College Hospital and Research Centre.



The session was conducted by Mr. Benny, HR Head, MMCH&RC. The workshop aimed to enhance the students' language and communication skills, which are essential for their academic and professional success in the medical field.

Mr. Benny elaborated on the critical role that effective communication plays in comprehending medical literature, engaging with patients, and collaborating with fellow professionals. He proceeded to share several methods to improve learning, such as active reading, effective note-taking, and the utilization of multimedia resources. He urged students to practice communicating with their peers, and undertake extensive reading.

Many students expressed that the workshop was highly informative and provided them with actionable strategies to improve their communication skills. The interactive nature of the session was particularly appreciated.

LIST OF PARTICIPANTS

Program: Language and communication skill development session

Date: 22-08-2022

Venue: Sapphire hall, fifth floor, academic block

Target Group: second year MBBS students

SL NO	NAME OF PARTICIPANT
1	ABHIJITH J
2	ABHIN SANKAR T
3	ABHIRAM S
4	ABHISHEK S
5	ACHYUTH KRISHNAN
6	ADARSH I T
7	ADITHYAN A
8	ADITHYA SAJJAYAN
9	ADRIKA VIMALRAJ
10	AFSAL V
11	AHUL SAJEEV
12	AISWARYA ANIL
13	AISWARYA LEKSHMI B
14	AKSHAY RAJENDRAN P K
15	AKSHIMA S S
16	ALEENA K
17	ALEESHA SHAJAHAN
18	AMAL MOHAMMED
19	ANAGA ANANDAN PUTHENKATTIL
20	ANAMIKA K




21	ANAND B N
22	ANASUYA PRADEEPAN
23	ANASWARA P
24	ANASWARA VELAYUDHAN
25	ANIL JYOTHI P
26	ANISOL A SUNDAR
27	ANJANA KRISHNAN
28	ANUKRISHNA P V
29	ANUSREE MURALEEDHARAN
30	ANUVIND S S
31	APARNA G MANI
32	ARAVIND S
33	ARDRA A R
34	ARYA NANDA K
35	ASHISH JANGIR
36	ASHWIN PRESANNAKUMAR
37	ASMIYA PATTANATH
38	ASWANI P R
39	ASWANI V RAGHAVAN
40	ASWATHY DILEEP
41	ASWIN AJITH
42	ASWIN SASEENDRAN PALAKKEEL
43	ATHULYA SUKUMARAN
44	AYANA K C
45	BHADRA S NADH
46	BHAGYA BHADRAN
47	BHAVYASREE S
48	BUSTHANA P
49	CAITLIN MARY PEREIRA
50	CHRIS CHACKO THOMAS
51	DARSHANA LOHIDAKSHAN
52	DEEPA R L
53	DEVAPRIYA UNNIKRISHNAN M
54	DEVAYANI SUBHASH
55	DEVIKA K V
56	DEVIKA M
57	DIVYA SASI
58	EVELYN SARAH SAJI
59	FADHL AZEEZ
60	FARISHA MUSTHAF A
61	FATHIMA ALEENA C M
62	FATHIMA ASHLY
63	FATHIMA HAMNA
64	FATHIMA HASNA
65	FATHIMA N K
66	FATHIMA SAFA P



67	FATHIMA SHAHIYA
68	FIDHA NONA C P
69	GAYATHRI DEVI V G
70	GAYATHRI K GOPI
71	GOPIKA SAJEEV
72	GOURI S KUMAR
73	HARIKRISHNAN S
74	HARIKUMAR K
75	HARILAKSHMI A S
76	HARSHA JOY
77	HASNA THASNI E
78	HRIDYA N
79	IRIN MARIAM JOHNS
80	ISMAYIL V T
81	JASEERA A
82	JASHIDA MARIYAM
83	JITHIN DEV SAJEEV
84	JOAN ANN GIJO
85	JOBIN ALOSCIOUS
86	JUMANA JAHFAR SADIQ
87	JUMANATH REEM T
88	KARTHIK M PILLAI
89	KAVYA S
90	KEERTHANA T JOY
91	KRIPA ANOOP JACOB
92	KRISHNA PRIYA K
93	KRISHNAVENI L
94	LAKSHMI PRADEEP
95	LEKSHMIPRIYA S
96	LEKSHMI S BABU
97	MALAVIKA MANI KUTTAN
98	MATHEW JOE MELETH
99	MEDHA MITHRAN
100	MEENAKSHY PANICKER
101	MEENAKSHY P R
102	MEGHA M
103	MEGHA N V
104	MIHIDHA MANAF
105	MOHAMED ASHIQ
106	MOHAMMED SHAIN P M
107	NANCY FATHIMA K K
108	NANDANA AJITH
109	NANDANA ANIL
110	NAVYA PRASAD
111	NAVYA VINOD
112	NEERAJA IGNATIUS



113	NEHA ABRAHAM
114	NIDHIN K
115	NIDHIN M
116	NIFIN FATHIMA
117	NIVEDITHA S PAI
118	POOJA B
119	POURNAMI R JYOTHI
120	PRIDHVIPAL J S
121	PRINCE ROBIN
122	RADHIKA A
123	RANJANA R
124	ROSHNI REMESH
125	RUBY FATHIMA
126	SABARI P C
127	SANDRA M S
128	SARA MARIA BASTINE
129	SAYOOJYA D RAJ
130	SEETHALAKSHMY
131	SHAHANA FATHIMA
132	SHAHINA SUBAIR
133	SHARON MARIA VARUGHESE
134	SHASNA K V
135	SIDHARTH VIJAY
136	SNEHA K K
137	SNEHA S R
138	SNEHA S VARMA
139	SOJISHMA M V
140	SREEHARI HARIKUMAR
141	SREELAKSHMI
142	SREELAKSHMI M
143	SREELAKSHMI VENUGOPALAN
144	SREERAJ T
145	SUHANA SUAIBU
146	UMMU ALIMATH AFNA P H
147	VARSHA GOKUL
148	VINAYA V M
149	VINDHYA M
150	YAZAR SULPHIKAR





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YOGA AND WELLNESS

No.MMCH&RC/CIR/06/2022/019

Date:19.06.2022

CIRCULAR

In observance of International Yoga Day on June 21, 2022, the Department of Physiology is organizing a celebration themed "Creativity with Flexibility." The event will feature a yoga session and a skit competition, for first-year MBBS students. The activities will commence at 8:30 AM in Sapphire Hall, fifth floor, Academic Block. All first-year MBBS students are requested to attend the same without fail.



PRINCIPAL

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BSc, MBBS, MD, DHA
Principal
Malabar Medical College Hospital &
Research Centre, Ulliyeri, Kozhikode

To

All the HODs and Faculty Members
All the staff Members
All the students

Copy to:

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- The Medical Superintendent
- Vice Principal
- Principal
- Deputy Medical Superintendent
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- Class coordinators



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Department of Physiology Celebrates



INTERNATIONAL YOGA DAY

21st JUNE, 2022

Venue:
Saphire Lecture Hall
Time: 8.30 am to 10.00 am

- Yoga Session
- Collage competition
- Health talk
- Skit



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REPORT ON INTERNATIONAL YOGA DAY CELEBRATION

Date: 21-06-2022

Time: 8.30 AM – 10.00 AM

Topic: INTERNATIONAL YOGA DAY CELEBRATION

Target group / audience: FIRST YEAR MBBS STUDENTS

Number of participants: 200

Minutes of the program:

The Department of Physiology celebrated International Yoga Day on 21st June 2022 with the theme "**Creativity with Flexibility.**" The event was well-attended by first-year MBBS students and included a yoga session followed by a skit competition.

The gathering was welcomed Dr Meenu, Asst Professor, Dept of Physiology. Our Principal, Dr. P V Narayanan sir and Administrative Officer addressed the students.

The event began at 8:30 AM with a yoga session conducted by experienced instructors from ISHA foundation. The session focused on various yoga postures and breathing techniques, promoting both physical and mental well-being. A health talk was delivered by Mrs. Prathyusha from ISHA foundation, emphasizing the importance of yoga for maintaining physical health and mental balance. The speaker provided valuable insights into how regular yoga practice can improve overall well-being. Several creative and thought-provoking entries were submitted for the collage competition, reflecting the students' creativity. Five teams participated in the skit competition, each delivering insightful and entertaining performances aligned with the theme "Creativity with Flexibility."

The aim of this session was to promote the importance of yoga and fostering creativity among students. Our Principal Dr Narayanan PV, handed over a memento, as a token of our love to Yogi Prathyusha. The gathering was concluded by a speech by Dr Ramidha, Prof & HOD, Dept of Physiology.



LIST OF PARTICIPANTS:

Program: INTERNATIONAL YOGA DAY CELEBRATION

Date: 21-JUNE -2022

Venue: SAPPHIRE HALL

Target Group: FIRST YEAR MBBS STUDENTS

SL NO	NAME OF PARTICIPANT
1	ABHIJITH M B
2	ADHARSH S
3	ADHILA BASHEER
4	AFEefa M M
5	AGNIHOTRI P S
6	AISHA BASNA
7	AKASH M
8	AKASH SURAJ
9	AKHILA B
10	AKSHARA N S
11	ALEENA JOY
12	ALEESHA MARY VARGHESE
13	ALSY NAZRIN
14	AMAN AHAMED
15	AMRITHA R S
16	AMRUTHA SETHUMADHAVAN
17	ANADYA G MENON
18	ANAGHA A V
19	ANAMIKA P
20	ANANDA KRISHNAN
21	ANANYA PUNNATH
22	ANJANA A S
23	ANJANA C K
24	ANJANA P S
25	ANJIMA M B
26	ANUGRAHA S PRASAD
27	ANUPRIYA P P
28	ANUPRIYA S
29	ANUSREE PRESANNAKUMAR
30	ANUSREE P T
31	ARATHI KRISHNA R K
32	ARCHITA PISHARODY
33	ARJUN A
34	ARJUN HEMACHANDRAN
35	AROMAL AJESH
36	ARSHIA RAZI CHIRAKKAL
37	ARSHIDA AMMAD




38	ARVIND SEKHAR SURESHKUMAR
39	ARYA KRISHNAN P
40	ARYA NANDA
41	ARYA SANKAR T
42	ASHITHA FINU M
43	ASHMITA PANDEY
44	ASNA SHAMEEM
45	ASNA SHIRIN M
46	ASWATHY P V
47	ASWINI SAJI
48	ATHUL GOPINATH
49	ATHUL GOVIND M S
50	ATHULKRISHNAN P U
51	ATHULYA PRADEEP
52	AYISHA SHIFNI C V
53	AYUSH KUMAR
54	AZA THAYYIL
55	BABETTA EMRIN RODRIGUES
56	BALAVINAYAK V K
57	BHADRA B
58	CHAITHANYA S
59	CHANDANA CHANDRASEKHAR
60	CLINS VARGHESE
61	DEVADARSH A K
62	DEVANARAYAN S D
63	DEVAYANI S THILAKAN
64	DEVENDU S V
65	DEVIKA DAS
66	DEVIKA S
67	DEVIKA SHAJI
68	DEVU PRASANTH
69	DEVU P S
70	DHANALEKSHMI D S
71	DHANALEKSHMI M S
72	DHANUSH V RAJ
73	DIKSHITHA MANOJ
74	DILNA MANOJ
75	DIYA FATHIMA T
76	DIYA M K
77	DIYA PARTHA
78	EASWAR KRISHNAN M M
79	ERIC PETER EDWARDS
80	FAHMA M
81	FARSANA NISAM
82	FATHIMA MOIDEEN
83	FATHIMA NUSREEN




84	FATHIMA REEMA M P
85	FATHIMA SHAHAMA M
86	FIDHA HASAN C
87	GAYATHRY ANOOP
88	GAYATHRY VINOD
89	GOPIKA UNNI
90	HANI SINAN T
91	HARISANKAR S VARIER
92	HIDAYA K K
93	HISHAM ABDU RAHIMAN
94	HUDA FATHIMA S
95	INDRIMA JITHENDRAN K
96	JAHNAVI A S
97	JAYALAKSHMI PRASAD
98	JAYALEKSHMI J
99	JAYA SANKARAN J
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103	JYOLSNA S MANJARY
104	KALYANI S
105	KARTHIKA DIVAKARAN
106	KARTHIKA MADHAVAN
107	KAVYA UNNI
108	KEERTHANA S
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110	KESHAV ANAND
111	KRISHNA SETHURAM
112	K R MALAVIKA
113	MADHAV M NAIR
114	MALAVIKA P
115	MALAVIKA SHAJI
116	MAMITHA NAIR
117	MANJIMA M NAIR
118	M BRINDHA
119	MEENAKSHI PRADEEP
120	MIRFA P
121	MITHRA NANDA S
122	MITHUNRAJ P K
123	MOHAMMED SANJID
124	MUHAMMED SHAMIL P P
125	NANDAKISHORE M K
126	NANDANA K
127	NANDANA P
128	NANDANA R
129	NANDANA SAJEEV



130	NANDANA SANDESH
131	NANDHANA K
132	NAREIN PARAMESWARAN
133	NASHWA KIZHAKKE KAMMADATHIL
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139	NIRANJANA N S
140	NISHAN LATHEEF
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143	PARVATHI S PRASAD
144	PARVATHY K
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157	RAISHA JAWHAR
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170	SANDRA SUNIL T
171	SANJAY M SUNDAR
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173	SARISHNA B S
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175	SHAHLA P V
176	SHAMNA SHAFI O P
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196	VIPUL G KUMAR
197	VISHNUPRIYA T P
198	VISMAY VINOD
200	YAGYANSHU



No. MMCH&RC/CIR/08/2022/020

Date: 20.08.2022

CIRCULAR

The Department of Physiology is organizing a five-day Yoga workshop for fourth year MBBS students from 26-08-2022 to 30-08-2022 at 8th Floor, Hospital Block. Training in Sooryanamaskara and Upayoga will be carried out by experts from the ISHA foundation. The fourth-year MBBS students will be divided into two batches. Please confirm your participation and preferred session (Morning: 7:00 AM - 7:45 AM or Evening: 4:30 PM - 5:15 PM) with the Department of Physiology office by 24-08-2022. All fourth-year MBBS students are requested to attend the same without fail.



PRINCIPAL

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Principal
Malabar Medical College Hospital &
Research Centre, Ulliyeri, Kozhikode

To

All the HODs and Faculty Members
All the staff Members
All the first year students

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- The Secretary
- The Medical Superintendent
- Vice Principal
- Principal
- Deputy Medical Superintendent
- Chief Administrative Officer
- Administrative Officer
- Class coordinators
- Hostel Wardens



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REPORT ON YOGA WORKSHOP

Date: 26/8/2022-30/8/2022

Time: 7:00 AM - 7:45 AM and 4:30 PM - 5:15 PM

Topic: **UPAYOGA AND SOORYANAMASKARA**

Target group / audience: FOURTH YEAR MBBS STUDENTS

Number of participants: 150

Minutes of the program:

The Department of Physiology along with the ISHA foundation organised a five-day Yoga workshop. The event was well-attended by fourth-year MBBS students of our college. ISHA Foundation, established by Sadhguru Jaggi Vasudev in 1992, is a non-profit organization that focuses on human well-being through a variety of spiritual, educational, and environmental initiatives. Based at the Isha Yoga Center in Coimbatore, India, the foundation offers a range of programs designed to foster inner transformation and personal growth. One of the cornerstone offerings of the foundation is its comprehensive yoga sessions, which cater to people of all ages and backgrounds. The foundation's commitment to holistic development is evident through these meticulously designed yoga sessions, which have positively impacted millions of lives worldwide.

The event was conducted as two sessions, with 75 students each. The morning session began at 7 AM daily, with a yoga session conducted by experienced instructors from ISHA foundation. The session focused on various yoga postures and breathing techniques, promoting both physical and mental well-being. Next session began at 4.30 PM.

The aim of this session was to promote the importance of yoga. Our Principal Dr Narayanan PV, handed over a memento, as a token of our gratitude to the instructors. The gathering was concluded by a speech by Dr Ramidha, Prof & HOD, Dept of Physiology.



YOGA WORKSHOP

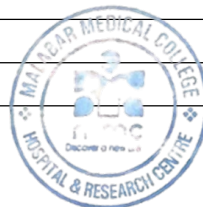
Timings: 7:00 AM - 7:45 AM and 4:30 PM - 5:15 PM

Venue: 8th Floor, Hospital Block

Participants: Fourth Year MBBS Students (150 students divided into two batches)

List of participants: 150

1	AARSHA SATHYAN
2	ABDULLA FAHMI
3	ABHINAV SARANG C
4	ABHIRAMI B
5	ABHISHEK C.S
6	ABI SURESH
7	ADARSH M.S
8	ADARSH NARAYAN
9	ADHIRA B
10	ADITH SURENDRAN
11	ADWAITH S MOHAN
12	ADWAITH Y
13	AFSANA THESNIC
14	AGAJA RAJAN
15	AISWARYA V.K
16	AISWARYA K
17	AISWARYA PAVITHRAN
18	AISWARYA REMESAN
19	AJISHA V
20	AKASH DEEP
21	AKASH PREM KRISHNA
22	AKHILA K.V
23	AKHIL BALACHANDRAN
24	AKSHARA V.S
25	AKSHAYA ANOOP
26	AKSHAYA JAYADEV
27	ALISHA JONY
28	AMAL C S
29	AMARTHY A M
30	AMISHA KISHORE M
31	AMITHA SD
32	AMRITHA RAJAN
33	ANAGHA ANIL
34	ANAGHA PRADEEP



35	ANAGHA ROSE SUNIL
36	ANAGHA T
37	ANANDAKRISHNA S M
38	ANANDU K
39	ANJANA V S
40	ANOOP K
41	ANUSREE R
42	ANASWARA JAWAD A R
43	APARNA J
44	APARNA P V
45	APARNA S
46	ARATHI KRISHNA NAMBIAR
47	ARUN BABURAJ
48	ARYA ANIL
49	ARYA V
50	ASHIK P S
51	ASHNA HUMPHRY
52	ASNA FATHIMA M
53	ATHUL G SUBRAMANIAN
54	ATHULYA KOMALAN
55	AYISHA
56	AYISHA SAKKEER
57	BIJILESH K C
58	CHANDANA MALAKKAL
59	CHELSIYA S LONAI
60	DARSHANA S
61	DEVIS JOHN
62	DEEKSHITH J
63	DEEPIKA A V
64	DEESHITH KUMAR A K
65	DHRUVAL S
66	DINUROOP P
67	FASEELA P P
68	FATHIMA SAFA M S
69	FATHIMA ZIKENDER
70	FIDA NAZREEN T
71	GAYATHRI PANKAJ



72	G L SANGEERTH NAMBOOTHIRI
73	GOKUL G S
74	GOURI PRIYA C
75	ARSHITHA H
76	HASHIM KHALEEL P
77	HIBA MUHAMMED BASHEER VADAKKOTH
78	HIBA NOURIN K
79	HISHAM ASHRAF
80	HUDA V ASHRAF
81	HYZEN JESSIYA
82	INDRAJA R
83	JASEENA IBRAHIM
84	JINU K JOHN
85	KARTHIKA THAMBI T
86	KAVYA K
87	KEERTHI A T
88	KEZIAH ELIZABETH BINU
89	MAHASINDHU N
90	MAJITHA T T
91	MEGHNA MANOJ
92	MEENAKSHI MENON
93	M FATHIMA
94	MUHAMMED AJSAL S
95	MRUDULA SUNIL P P
96	NAHID REEMA MUKKATTIL
97	NAKUL V
98	NANDANA SUBRAMANIAN
99	NANI MOONNUKANDATHIL
100	NEERDDA R C
101	NEERAJA V NAIR
102	NIDHA IQBAL
103	NIDHINA S
104	NINNI AGNUS ROBIN
105	NITHEESH P
106	NOORIL N USMAN



107	PALLAVI M P
108	PARVATHY A M
109	PARVATHY C K
110	POURNAMI V M
111	PRIYA ADAVALATH
112	RAAGAV ARSHISH
113	RAHMA P
114	REMYA SETHU
115	RESHMA V R
116	ROHITH ANIL
117	ROHITH RAJ
118	R P AKSHAY
119	SACHU SAM VARGHEES
120	SAFNA N
121	SANGEETHA SUNIL
122	SANTHWANA SARA SABU
123	SARANG S
124	SARANYA M
125	SARATH R
126	SHABNA C P
127	SHAHANA SHIRIN K
128	SHAHANAS K P
129	SHAHLA ABOOBACKER
130	SHANOoba NUSHIATH T
131	SHERLIN MATHEW
132	SHEZA MARIYA P
133	SONA ASHIK
134	SREELAKSHMI O
135	SREYA J S
136	SRITHI S NAIR
137	SUBI C
138	SWETHA RAMESH
139	TANIYA TERSITA ROMY
140	THANSEEHA
141	THASNI T U
142	THULASI SARAMGI C S
143	VARSHITH ASHOK



144	VICTORY MEGHA V S
145	VIGNESH SUNIL
146	VIGNESWAR R
147	VINILA VIJAYAN V V
148	VISHNU S KUMAR
149	VIVA K V
150	ZENIYA MEHARIN K P





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ANALYTICAL SKILL DEVELOPMENT

No.MMCH&RC/CIR/05/2022/027

Date:27.05.2022

CIRCULAR

The Department of Physiology and the Student Council at Malabar Medical College Hospital and Research Centre are hosting a **COLLAGE COMPETITION** in celebration of International Yoga Day. The theme for the competition is “Yoga for Humanity.” Students can participate in teams of five, and all MBBS students are encouraged to join. Completed collages must be submitted to the Department of Physiology by June 18, 2022.



PRINCIPAL

Dr. NARAYANAN P.V.
BSc, MBBS, MD, DHA
Principal
Malabar Medical College Hospital &
Research Centre, Ulliyeri, Kozhikode

To

All the HODs and Faculty Members
All the staff Members
All the students

Copy to:

- The Chairman
- The Secretary
- The Medical Superintendent
- Vice Principal
- Principal
- Deputy Medical Superintendent
- Chief Administrative Officer
- Administrative Officer
- Class coordinators



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INTERNATIONAL DAY OF YOGA

*College
Making
Competition*



EEMAN RASHEED
KEERTHANA UNNIKRISHNAN
ANJANA UTHAMAN
APARNA UNNIKRISHNAN
ALIENA JOHNY
(2019 BATCH)



DEVANSHI BHARGHAYA
VISMAYA DEVAN
SIYASURYA S
SANDRA E
VARSHA S P
(2019 BATCH)



AKHILA ANIL
AISHWARYA JAYAPRAKASH
AISHWARYA REMESAN
AISHWARYA KU
AARYA GIRISH
(2021 BATCH)



DEPARTMENT OF PHYSIOLOGY

STUDENTS COUNCIL 2K22 | MALABAR MEDICAL COLLEGE



Dr. NARAYANAN P V
BSc, MBS, MD, DHA
Principal
Malabar Medical College Hospital &
Research Centre, Ulliyeri, Kozhikode

POST EVENT REPORT

Report on Collage Competition – International Yoga Day

Date: 21-06-2022

Time: 3.00PM – 4.00 PM

Topic: International Yoga Day Collage Competition

Target group / audience: All MBBS Students

Number of participants: 8 teams

Minutes of the program:

In celebration of International Yoga Day, the Department of Physiology and the Student Council of Malabar Medical College Hospital and Research Centre organized a collage competition on the theme “Yoga for Humanity.” The event aimed to promote the significance of yoga in enhancing physical and mental health, while encouraging creativity and collaboration among MBBS students.

The competition took place on June 21, 2022, from 3:00 PM to 4:00 PM. A total of 8 teams, each comprising five students, participated enthusiastically. The collages were submitted prior to the event and displayed for evaluation.

The event commenced with an inspiring welcome speech by Dr. Ramidha, Professor, Department of Physiology. Each team presented their collage, explaining the concept and the message they intended to convey. The collages were judged based on creativity, relevance to the theme, clarity of message, and overall presentation.

The first place was awarded to Eeman Rasheed and team (2019 batch), second place to Devanshi Bhargava and team (2019 batch), and third place to Akhila Anil and team (2021 batch). Prizes were awarded to the winning teams by Dr. Narayanan PV, Principal of Malabar Medical College Hospital and Research Centre.



LIST OF PARTICIPANTS

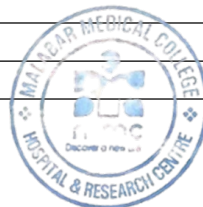
Program: **COLLAGE COMPETITION**

Date: 21-06-2022

Venue: Sapphire Hall, Fifth floor

Target Group: All MBBS Students

SLNO	NAME
1	EEMAN RASHEED
2	KEERTHANA UNNIKRISHNAN
3	ANJANA UTHAMAN
4	APARNA UNNIKRISHNAN
5	ALEENA JOHNY
6	DEVANSHI BHARGAVA
7	VISMAYA DEVAN
8	SHIVASURYA
9	SANDRA E
10	VARSHA SP
11	AKHILA ANIL
12	AISWARYA JAYAPRAKASH
13	AISWARYA RAMESHAN
14	AISWARYA K U
15	ARYA GIREESH
16	AKSHARA BINOY
17	ALEENA MOL ALI
18	AMINA P SALAM
19	AMITHA ASOK
20	ANDRIYA BAISIL
21	MARWA P
22	MEENAKSHY P RAM
23	MEENU PRASAD A
24	MEGHA M
25	MEGHNA DILEEP
26	MOHAMAD FAIZ RAYAROOH
27	ARUN CHIRAKKAL
28	JAVID BIN NAZAR
29	JUSTIN JEROM
30	GOVIND A
31	MRUDULA SUNIL P P
32	NANDANA SUBRAHMANIAN
33	NANI MOONNU KANDATHIL
34	NEERADA R C
35	NIDHA IQBAL
36	SREEKHA M S



37	ANAGHA P
38	LIYA DAVIS
39	RAVEENA SASEENDRAN
40	PRAVEENA



No.MMCH&RC/CIR/06/2022/007

Date:07.06.2022

CIRCULAR

The Department of Psychiatry and the Student Council at Malabar Medical College Hospital and Research Centre are hosting a **POSTER MAKING COMPETITION** on June 10, in front of Sapphire Hall, fifth floor, Academic block. The theme for the competition is “**Mental Health for Humanity.**” Students can participate in teams of five. All MBBS students and interns are encouraged to join.



PRINCIPAL

Dr. NARAYANAN P.V
BSc, MBBS, MD, DHA
Principal
Malabar Medical College Hospital &
Research Centre, Ulliyeri, Kozhikode

To

All the HODs and Faculty Members
All the staff Members
All the students

Copy to:

- The Chairman
- The Secretary
- The Medical Superintendent
- Vice Principal
- Principal
- Deputy Medical Superintendent
- Chief Administrative Officer
- Administrative Officer
- Class coordinators



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THE DEPARTMENT OF PSYCHIATRY

IS HAPPY TO ANNOUNCE THE WINNERS
FOR THE POSTER COMPETITION



SECOND
PLACE

Muhammed Answary M

₹1500



FIRST
PLACE

Aldrin Castellino

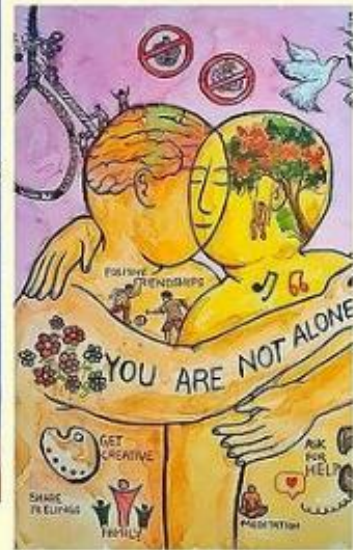
₹2000



THIRD
PLACE

Dr. Vignesh Dev

₹1000



Dr. NARAYANAN P.V
BSc, MBS, MD, DHA
Principal
Malabar Medical College Hospital &
Research Centre, Ulliyeri, Kozhikode

POST EVENT REPORT ON POSTER MAKING COMPETITION

Date: 10-06-2022

Time: 3.00PM – 4.00 PM

Topic: **Mental Health for Humanity**

Target group / audience: All MBBS Students & Interns

Number of participants: 8 teams

Minutes of the program:

The Department of Psychiatry and the Student Council of Malabar Medical College Hospital and Research Centre organized a poster making competition on the theme “Mental Health for Humanity.” The event aimed to create an awareness regarding Mental Health, while encouraging creativity and collaboration among MBBS students.

The competition took place on June 21, 2022, from 3:00 PM to 4:00 PM. A total of 8 teams, participated enthusiastically. The event commenced with an inspiring welcome speech by Dr. Kunjikkoyamu, Professor, Department of Psychiatry. Each team leader presented their poster, explaining the concept and the message they intended to convey. The posters were judged based on creativity, relevance to the theme, clarity of message, and overall presentation.

The first place was awarded to Aldrin & team, second place to Mohammed Answary M & team, and third place to Dr Vignesh Dev & team. Cash Prizes were awarded to the team leaders by Dr. Narayanan PV, Principal of Malabar Medical College Hospital and Research Centre.



LIST OF PARTICIPANTS

Program: **POSTER MAKING COMPETITION**

Date: 10-06-2022

Venue: Sapphire Hall, Fifth floor

Target Group: All MBBS Students & Interns

SLNO	NAME
1	ALDRIN
2	VISHNU S KUMAR
3	ANOOSHA RAJU MATHEW
4	ARYA V R
5	GOKUL G GIRI
6	MOHAMMED ANSWARY M
7	MINSHAL RAHIMAN
8	MOHAMED SAFWAN KORADAN
9	MOHAMMED BILAL KY
10	MRIDHULA P M
11	DR VIGNESH DEV
12	DR VIJAYAKRISHNAN V B
13	DR VIJIL P B
14	DR VIPIN JOHN
15	DR VASAV LEE
16	ANITTA JOB
17	ANJALI
18	ANJALI M NAIR
19	ANJALI P K
20	ANJU K S
21	ASWATH PRATAP
22	ATHUL SREENIVASAN
23	AYANA JOHNSON
24	AYSHA SHAHBIN E
25	BINDIYA DAS
26	PRAVEENA PRASAD
27	PRIYANKA A
28	RAISA ANNA REJI
29	REMYA KRISHNAN C R
30	REVATHI A V
31	SREYA J S
32	SRUTHI S NAIR
33	SUBI C
34	SWETHA RAMESH
35	TANIA TERSITA ROMY
36	DARSHAN S





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37	DAVIS JOHN
38	DEEKSHITH J
39	DINUROOP P
40	DHRUVAL S



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HUMAN VALUE DEVELOPMENT

No. MMCH&RC/CIR/11/2022/022A

Date: 22.11.2022

CIRCULAR

The Department of Forensic Medicine will be organizing a Human Value Development session on " **Medical Ethics & Medico-Legal Responsibilities of House Surgeons** " at CME Hall, 7th floor, Hospital block on 24.11.2022 from 11.00 AM to 12.00 PM. All interns are requested to attend the session without fail.



PRINCIPAL

Dr. NARAYANAN P.V
BSc, MBBS, MD, DHA
Principal
Malabar Medical College Hospital &
Research Centre, Ulliyeri, Kozhikode

To

All the HODs and Faculty Members
All the staff Members
All the students

Copy to:

- The Chairman
- The Secretary
- The Medical Superintendent
- Vice Principal
- Principal
- Deputy Medical Superintendent
- Chief Administrative Officer
- Administrative Officer
- Class coordinators



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Dr. NARAYANAN P.V.
BSc, MBBS, MD, DHA
Principal
Malabar Medical College Hospital &
Research Centre, Ulliyeri, Kozhikode

POST EVENT REPORT

Date: 24/11/2022

Time: 11.00 AM to 12.00 PM

Topic: Medical Ethics & Medico-Legal Responsibilities of House Surgeons

Target group / audience: Interns

Number of participants:

As a part of human value development programmes, a session on Medical Ethics & Medico-Legal Responsibilities of House Surgeons was conducted by Department of Forensic Medicine

The session aimed to educate interns about the ethical considerations and legal responsibilities associated with their roles in healthcare.

The session began with an overview of fundamental ethical principles in medicine, emphasizing patient autonomy, beneficence, non-maleficence, and justice. The importance of maintaining confidentiality and respecting patient rights was underscored. Discussions covered various medico-legal aspects relevant to house surgeons, including documentation practices, consent procedures, and handling of medical records. The session highlighted the significance of accurate record-keeping and compliance with legal requirements. Real-life case studies were presented to illustrate ethical dilemmas and legal challenges encountered by house surgeons in clinical practice. This interactive approach allowed interns to analyse scenarios and discuss appropriate courses of action. Experts from the Department of Forensic Medicine provided insights into medico-legal frameworks and shared practical tips for navigating ethical issues in healthcare settings. Attendees had the opportunity to ask questions and seek clarifications on complex topics.

The event provided interns with valuable insights into the ethical complexities and legal obligations inherent in their roles as house surgeons. It facilitated critical thinking and enhanced awareness of professional conduct standards in medical practice.



LIST OF PARTICIPANTS

Program: Human Value Development session

Date: 24/11/2022

Venue: CME Hall, 7th floor, Hospital block

Target Group: Interns – 162

List of participants

SL NO	NAME OF PARTICIPANT
1	ABHIJITH V
2	ABHIRAMI R
3	ADARSH BABU
4	ADIB DILSHAD T
5	AFSAL P
6	AJNAS MAJID K
7	ALIA ASHRAF
8	AMRUTHA KRISHNAN T
9	ANAINA R
10	ANJALI J PANCHAKSHARAM
11	ANJALI S PRAKASH
12	ANJANA ANIL
13	ANJANA SREEKUMAR
14	ANJUNA RAMESH
15	ANLY ANNA THOMAS
16	ANUVINDA MAYURI CHOLAYIL AJITH
17	APARNA P
18	APARNA TRUSON
19	ARATHI K
20	ARUNA BABU N
21	ASHAMOL KUNJUMON
22	ASWINI JOY
23	ATHIRA P
24	ATHIRA RAJAN
25	ATHULYA T
26	AYSHA LUBNA
27	BASIL K
28	BENEETA SAJI
29	BESAFAR
30	BHAVYA RAJU
31	CHRISTO M JOLLY



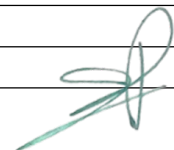
32	DALIYA P GEORGE
33	DAYA RAGENDU K MANOJ
34	DHANUSH BHARATHY C
35	DHRUVITH N S
36	DRISHYA M
37	FATHIMA FARVEEN
38	FATHIMA HIBA C
39	FINTO JOY
40	GAYATHRI A M
41	GOKUL KRISHNA K
42	HANEENA
43	HIKKIRIMATH
44	P P JAYASANKAR
45	JEESHMA P S
46	JESNI JOSE
47	JISHNU R DAS
48	JITHIN KUMAR C V
49	JITHIN R
50	K A BINYAMIN
51	K AMAL GOPI
52	KRISHNA L R
53	KRISHNA N S
54	KRISHNASAGAR B N
55	K V VEDHA
56	LAKSHMI S HARI
57	LIYANA ABDUL AZEEZ K
58	MALAVIKA SATHEESAN
59	MANEESHA S
60	MANJU K
61	M AYSHA Wafa
62	MEGHA B S
63	MEGHA PRADEEP
64	MIRSHANA M
65	MOHAMMED NAHSAM N
66	MUHAMMED MISHAL
67	MUHAMMED SINAN K C
68	NABHAJITH A K
69	NAIMA G VIJAYAN
70	NIDHI THOMAS
71	NIKHITHA NARENDRAN
72	NINNI S JOTHI
73	PALLAVI T JOY



74	PARVATHY JOSHY
75	PRAVEENA PRASAD
76	PRIYANKA A
77	RAISA ANNA REJI
78	REMYA KRISHNAN C R
79	REVATHI A V
80	SAFA T K
81	SANDRA ELIZEBATH JYOSHI
82	SANDRA N
83	SANGEETH S KUMAR
84	SARA SANTHOSH
85	SHAHEEN MOHAMED N
86	SHILPA JAYARAJ S
87	SNEHA B
88	SRUTHI VIJAYAN
89	STEEVE WELLS
90	STEPHY CLETUS
91	SUBINA M
92	SWALAHA SALEEM
93	SWETA CECILIA CHARLES
94	UPANYA SURESH
95	VAISHNAVI K B
96	VASAV LEE
97	VIDYA O
98	VIGNESH DEV S
99	VIJAYAKRISHNAN V B
100	VIJIL P B
101	VIPIN JOHN
102	VISMAYA S J
103	AISWARYA V K
104	ARUSHA P
105	ATHIRA P S
106	DHILNA MANAL K
107	JOEL SHARAN S RAJ
108	SETHULAKSHMI SARAN
109	ALI ZIDAN
110	ANJALI P K
111	ANJITHA MANOJ P V
112	ARATHI SANTHOSH
113	ARCHANA R NAIR
114	ASHISH A O
115	AYANA JOHNSON



116	BINDIYA DAS
117	DAYA SADANANDAN
118	GAZLA ZAN ASEEF
119	GOPU KRISHNAN.G
120	GREESHMA RAJENDRAN
121	HELANA JABEEN SHAFEEQ
122	JISHNU MOHAN
123	MEENU MOHAN
124	MIDHUN
125	MUHSINA KADENGAL
126	NANDITA K S
127	NEBHAN ABDUL LATHEEF
128	NIRANJANA SREEKUMAR
129	PADMAJA V K
130	POOJA I S
131	RINTZA NAZAR
132	ROMANA SHERIN
133	SOORYA VISWANATHAN
134	SREEKANTH MANOHARAN KAKKADATH
135	SUBIN DILEEP
136	SUMAYYA P
137	SREENIDHI T S
138	AADARSH S
139	AKSHATA
140	AL AMEEN A M
141	AMRTHA PRADEEP
142	ASWANI V
143	GOPINATH. N
144	JINSHA J M
145	SHABNA SHAMSUDDIN THAHA
146	SHAMBU S ANAND
147	SHEFIN ZAHD F N
148	SIDDHARTH D
149	SILPA SUNDAR
150	SUDHARSHAN T
151	VIGNESH VIJAYAN
152	LUBABATH ASHRAF
153	AKHIL A
154	AKSHAYA VISWANATH
155	GREESHMA PIUS
156	POOJA S
157	THULASI M G

158	FAYAZ AHMES SHARAF
159	AFZAL KHAN M
160	IWIN FRANCIS
161	KRISHNAPRIYA K S
162	AYAZ M S



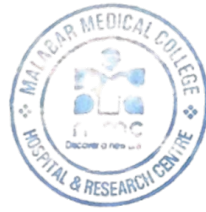
A handwritten signature in blue ink, appearing to be "Dr. Narayanan P.V."

No.MMCH&RC/CIR/11/2022/018

Date:18.11.2022

CIRCULAR

There will be a Human Value Development session on "**Ethics and Professionalism**" by Dr. Neena, Associate Professor, Department of Forensic Medicine at Sapphire Hall, Academic Block on 21.11.2022 from 1:30 PM - 3:30 PM. All first year students are requested to attend the session without fail.



PRINCIPAL

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Principal
Malabar Medical College Hospital &
Research Centre, Ulliyeri, Kozhikode

To

All the HODs and Faculty Members
All the staff Members
All the students

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Dr. NARAYANAN P.V.
BSc, MBBS, MD, DHA
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POST EVENT REPORT

Date: 21/11/2022

Time: 1:30 PM - 3:30 PM

Topic: Ethics and Professionalism

Target group / audience: First year MBBS students

Number of participants: 200

As a part of human value development programmes, a session on Medical Ethics and Professionalism was conducted by Department of Forensic Medicine for first year students

The session provided first-year MBBS students with insights into the ethical principles and professional conduct expected in the medical profession.

Dr. Neena introduced students to the ethical framework governing medical practice, emphasizing integrity, honesty, and compassion in patient care. She discussed the importance of maintaining professional boundaries and confidentiality. The session delved into practical aspects of professionalism, including effective communication with patients and colleagues, time management, and the role of empathy in healthcare delivery. Examples from clinical practice illustrated these concepts. Real-world case studies were presented to highlight ethical dilemmas faced by healthcare professionals.

Students were encouraged to analyze these scenarios and propose ethical solutions, promoting critical thinking and ethical reasoning skills. The event featured interactive discussions where students actively engaged with the speakers, asking questions and sharing their perspectives on ethical challenges in healthcare. This interaction facilitated a deeper understanding of ethical complexities.



LIST OF PARTICIPANTS

Program: Human Value Development session

Date: 21/11/2022

Venue: Sapphire Hall, Academic Block

Target Group: First year MBBs students -200

SL NO	NAME OF PARTICIPANT
1	ABHIJITH M B
2	ADHARSH S
3	ADHILA BASHEER
4	AFEefa M M
5	AGNIHOTRI P S
6	AISHA BASNA
7	AKASH M
8	AKASH SURAJ
9	AKHILA B
10	AKSHARA N S
11	ALEENA JOY
12	ALEESHA MARY VARGHESE
13	ALSY NAZRIN
14	AMAN AHAMED
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33	ARJUN A
34	ARJUN HEMACHANDRAN



35	AROMAL AJESH
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64	DEVENDU S V
65	DEVIKA DAS
66	DEVIKA S
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68	DEVU PRASANTH
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A handwritten signature in blue ink, appearing to be 'Dr. Narayanan P.V.'.



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PERSONALITY AND PROFESSIONAL DEVELOPMENT

No.MMCH&RC/CIR/11/2022/011A

Date:11.11.2022

CIRCULAR

The Malabar Medical College Hospital and Research Centre will be organizing a Personality and Professional Skill Development session on "**Role of Doctors in Society - Students' Perspective**" on 16-11-2022 at Sapphire Hall, fifth floor, Academic Block, from 9:30 AM - 11:00 AM. The panellists include Dr. Narayanan, Dr. Gomathy, Dr. Ravindran M K, Dr. Jipin, Dr. Sheeba and Dr. Aarabhi. All First year MBBS Students are requested to attend the session without fail.



PRINCIPAL

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POST EVENT REPORT

Report on Personality and Professional Skill Development workshop

Date: 16/11/2022

Time: 9.30 AM to 11.00 AM

Topic: Role of Doctors in Society - Students' Perspective

Target group / audience: first year MBBS students

Number of participants: 200

Minutes of the program:

As a part of Personality and Professional Skill Development programmes, a panel discussion on " Role of Doctors in Society - Students' Perspective " was conducted by Malabar Medical College Hospital and Research Centre.

The discussion was moderated by Dr. Narayanan and included panellists Dr. Gomathy, Dr. Ravindran M K, Dr. Jipin, Dr. Sheeba, and Dr. Aarabhi, each bringing unique perspectives from their respective fields. The panel emphasized the ethical obligations of doctors towards patient care and community welfare. Discussions centred around maintaining professionalism and integrity in medical practice.

Panellists discussed the crucial role of doctors in promoting public health initiatives, disease prevention, and community education.

For the first-year MBBS students in attendance, the discussion provided valuable educational insights into the multifaceted roles of doctors in society, encouraging them to consider broader societal impacts in their future careers. The panel discussion concluded with a call to action for future doctors to embrace their roles not only as healthcare providers but also as advocates for societal well-being. The event successfully bridged theoretical learning with practical insights, leaving attendees with a deeper appreciation for the responsibilities and opportunities within the medical profession.



LIST OF PARTICIPANTS

Program: Personality and Professional Skill Development Programme

Date: 16/11/2022

Venue: Sapphire hall, fifth floor, academic block

Target Group: First year MBBS students - 200

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196	VIPUL G KUMAR
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200	YAGYANSHU



No.MMCH&RC/CIR/11/2022/017

Date:17.11.2022

CIRCULAR

The Department of Microbiology will be organizing a Professional Skill Development session on "**Universal Precautions and Biomedical Waste Management**" on 22-11-2022 at Sapphire Hall, fifth floor, Academic Block, from 9:00 AM - 11:00 AM. All First year MBBS Students are requested to attend the session without fail.



PRINCIPAL

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POST EVENT REPORT

Report on Professional Skill Development workshop -

Date: 22/11/2022

Time: 9.00 AM to 11.00 AM

Topic: Universal Precautions and Biomedical Waste Management

Target group / audience: first year MBBS students

Number of participants: 200

Minutes of the program:

As a part of Professional Skill Development programmes, a "Universal Precautions and Biomedical Waste Management " was conducted by Department of Microbiology.

The session emphasized the importance of universal precautions in preventing the transmission of infections in healthcare settings. Topics covered included hand hygiene, use of personal protective equipment (PPE), and safe injection practices. Effective management of biomedical waste was discussed, highlighting the segregation, collection, transportation, and disposal processes according to regulatory guidelines. The event featured interactive sessions where students actively participated in practical demonstrations and case studies related to infection control and waste management. This hands-on approach helped students understand the practical application of theoretical concepts. Experts from the Department of Microbiology provided insights into current practices and emerging trends in infection control and waste management, addressing queries from students and sharing real-world scenarios.

The session proved to be informative and educational for first-year MBBS students, equipping them with essential knowledge and skills required for safe and responsible medical practice.



LIST OF PARTICIPANTS

Program: Professional Skill Development Programme – Universal precautions & Bio Medical Waste Management

Date: 22/11/2022

Venue: Sapphire hall, fifth floor, academic block

Target Group: First year MBBS students

SL NO	NAME OF PARTICIPANT
1	ABHIJITH M B
2	ADHARSH S
3	ADHILA BASHEER
4	AFEefa M M
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EMPLOYABILITY SKILL DEVELOPMENT

No.MMCH&RC/CIR/11/2022/013

Date:13.11.2022

CIRCULAR

There will be an Employability Skill Development session on " **First aid, hand wash & needle stick injury**" by Sister Sindhu, Nurse educator, at Sapphire Hall, Academic Block on 17.11.2022 from 1:30 PM – 4.00 PM. All first year students are requested to attend the session without fail.



PRINCIPAL

Dr. NARAYANAN P.V
BSc, MBBS, MD, DHA
Principal
Malabar Medical College Hospital &
Research Centre, Ulliyeri, Kozhikode

To

All the HODs and Faculty Members
All the staff Members
All the students

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- The Secretary
- The Medical Superintendent
- Vice Principal
- Principal
- Deputy Medical Superintendent
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A handwritten signature in green ink, appearing to read 'Dr. Narayanan P.V.'.

Dr. NARAYANAN P.V.
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Principal
Malabar Medical College Hospital &
Research Centre, Ulliyeri, Kozhikode

POST EVENT REPORT

Employability Skill Development session on " First aid, hand wash & needle stick injury" by Sister Sindhu, Nurse educator

Date: 17/11/2022

Time: 1:30 PM – 4.00 PM

Topic: First aid, hand wash & needle stick injury

Target group / audience: First year MBBS students

Number of participants: 200

Minutes of the program:

As a part of Employability Skill Development, a session on " First aid, hand wash & needle stick injury" by Sister Sindhu, Nurse educator, was conducted for first year students

The event focused on essential skills in first aid, proper hand washing techniques, and management of needle stick injuries, crucial for healthcare professionals.

The session emphasized the importance of proper hand hygiene in infection prevention. Sr. Sindhu demonstrated effective hand washing techniques and discussed the role of hand hygiene in reducing the spread of infections in healthcare settings. Practical guidelines were provided on the immediate steps to take in the event of a needle stick injury, including first aid measures, reporting procedures, and post-exposure prophylaxis. This information is critical for minimizing the risk of blood-borne infections among healthcare workers. The event included interactive demonstrations and scenario-based learning, allowing students to practice first aid techniques and engage in discussions on infection control practices. This interactive approach enhanced learning and retention of key concepts



LIST OF PARTICIPANTS

Program: Employability Skill Development session

Date: 17/11/2022

Venue: Sapphire Hall, Academic Block

Target Group: First year MBBs students

SL NO	NAME OF PARTICIPANT
1	ABHIJITH M B
2	ADHARSH S
3	ADHILA BASHEER
4	AFEefa M M
5	AGNIHOTRI P S
6	AISHA BASNA
7	AKASH M
8	AKASH SURAJ
9	AKHILA B
10	AKSHARA N S
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No.MMCH&RC/CIR/11/2022/021

Date:21.11.2022

CIRCULAR

There will be an Employability Skill Development session on " **Basic Life Support** " by Dr. Sudha, Department of Emergency Medicine, at CME Hall, Hospital Block on 25.11.2022 from 9:30 AM – 3.30 PM. All first year MBBS students are requested to attend the session without fail.



PRINCIPAL

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Principal
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Research Centre, Ulliyeri, Kozhikode

To

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POST EVENT REPORT

Employability Skill Development session on " Basic Life Support “

Date: 25.11.2022

Time: 9:30 AM – 3.30 PM

Topic: Basic Life Support

Target group / audience: First year MBBS students

Number of participants: 200

Minutes of the program:

As a part of Employability Skill Development, a session on " Basic Life Support " by Dr. Sudha, Department of Emergency Medicine, was conducted for first year students

The event focused on providing first-year MBBS students with essential skills in Basic Life Support (BLS), crucial for responding to medical emergencies

Dr. Sudha conducted hands-on training on BLS techniques, including cardiopulmonary resuscitation (CPR), use of automated external defibrillators (AEDs), and management of choking incidents. Students learned the step-by-step procedures for assessing and providing immediate care to patients in cardiac arrest or respiratory distress. The session included simulation exercises where students practiced BLS techniques on mannequins. This practical approach allowed them to apply theoretical knowledge and gain confidence in performing life-saving maneuvers under simulated emergency conditions. Emphasis was placed on effective communication and coordination among healthcare providers during emergency situations. Students learned the importance of teamwork in delivering timely and efficient BLS interventions. Dr. Sudha facilitated discussions on real-life case scenarios, illustrating the application of BLS principles in various clinical contexts. This interactive format encouraged critical thinking and problem-solving skills among participants



LIST OF PARTICIPANTS

Program: Employability Skill Development session

Date: 25/11/2022

Venue: Sapphire Hall, Academic Block

Target Group: First year MBBs students

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